

ESO Department to Department Visit Programme

The ESO Task Force for Ukraine developed a special edition of the Department-to-Department programme for Ukrainian physicians. It became another real step to support the Ukraine stroke service.

Report

Host Institution: Inselspital Bern, Switzerland
Visit Dates: 20-31 March 2023

I arrived at the hospital due to the kind invitation of PD Dr.med. Mirjam Heldner, who is doing a great job supporting Ukrainian colleagues during such a difficult time for all of us.

My direct interest is the organization of the process of care for patients with acute stroke, but the experience I gained turned out to be much broader.

Taking daily part in rounds, examinations of patients in the stroke unit, observe the work of the emergency department and the diagnostics department, I had the opportunity to delve into all the details of the process.



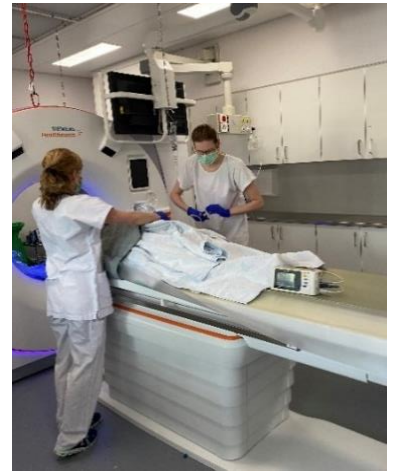
My mornings began by in a round in the stroke unit. Under the direction of PD Dr.med. David Seiffge, there was a detailed analysis of patients' status, a discussion of MR-imaging, a treatment plan, rehabilitation programme for patients with acute stroke.

The professionalism and working atmosphere created in the stroke center is something the hospital can be proud of.

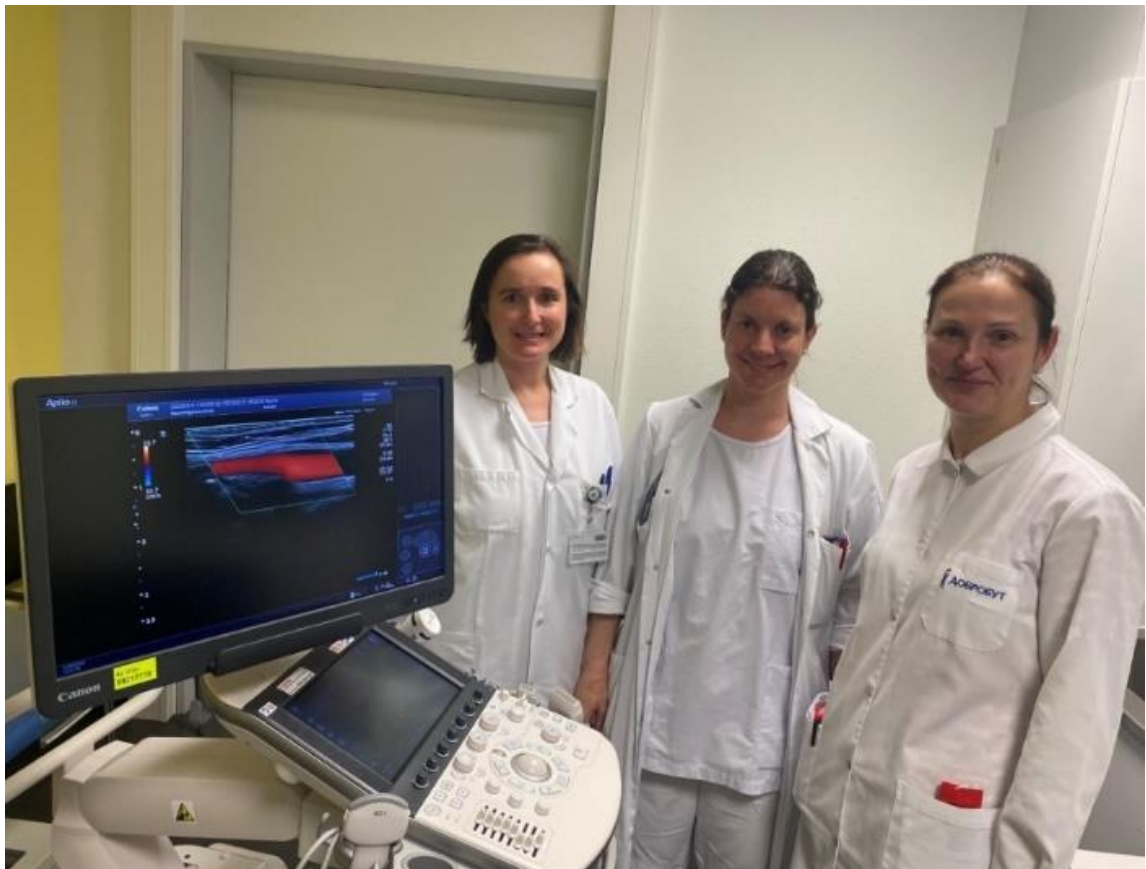


The organization of the patient's reception, the transfer of information by the ambulance team, neuroimaging, the adoption of a clinical decision on the treatment of the patient are organized with the clarity of a Swiss watch.

The decision-making process seems simple and obvious when performed by a team of professionals.

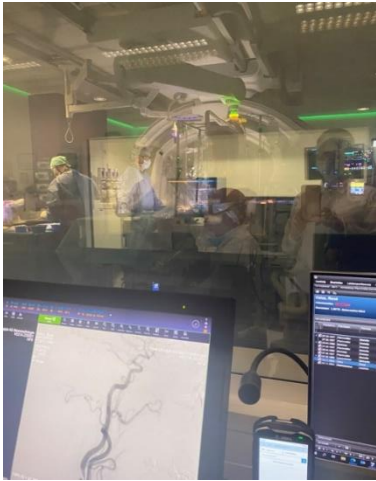


My favorite part of the day was working in the ultrasound laboratory (neurosonography). Each patient, outpatient and inpatient, has a detailed examination, which is compared with the previous period and discussed as a unique case. In parallel, research programs are being carried out - a huge amount of work that is being done by the laboratory specialists.

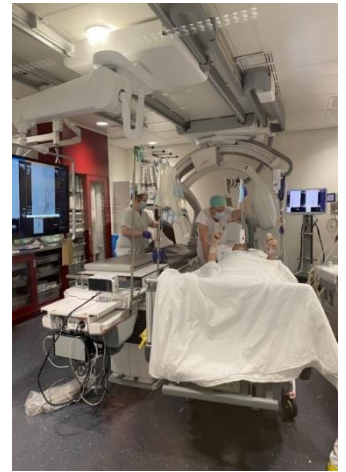


The equipment of the clinic impressed me, but the greatest impression was made by the friendliness and readiness of colleagues for a detailed explanation of the diagnostic nuances.

I was involved in all processes, both clinical and educational. Lectures, lunches, online learning, discussion of patients on rounds and during breaks - a non-stop educational process in the intensive life of the hospital.



I was pleasantly surprised by the opportunity to observe the thrombectomy procedure directly in the operating room, accompanied by comments from the interventional surgeon about the difficulties that arise during the intervention and the subsequent analysis of the case.



The Stroke Center under the direction of Prof. Marcel Arnold, serving a population of around 2 million, is the unique place for diverse education, diagnosis and treatment of stroke. In my practice it was the best opportunity for knowledge acquisition and clinical experience that I was able to take full advantage of.



Additionally, staying in Bern, the capital of Switzerland, with all its vast cultural heritage, museums and architecture is an obvious benefit in an observership program.

Sincerely, Thanks from Ukraine
Nataliia Chemer, MD, PhD