JOINT 3RD IESC & 6TH MENA STROKE

3RD INTERNATIONAL EGYPTIAN STROKE CONFERENCE
And
6TH MIDDLE EAST AND NORTH AFRICA (MENA) STROKE CONFERENCE

IN COLLABORATION WITH
AMERICAN HEART ASSOCIATION
EUROPEAN STROKE ORGANISATION

11th - 13th November 2020
InterContinental City Stars Hotel, Cairo, Egypt

14th November 2020 Online only
Welcome Message

On behalf of the Egyptian Society of Neurology, Psychiatry and Neurosurgery and the MENA Stroke initiative Board, I have the pleasure and honor to invite you to the 3rd International Egyptian Stroke Conference and 6th Mena East and North Africa (MENA) Stroke Conference which will be held in InterContinental City Stars Hotel, Cairo, Egypt from 11th - 14th November 2020.

The scientific Program is rich, including updated subjects in different fields of Stroke. Stroke awareness and research are rapidly progressing in the region, and it is our pleasure to share this progress with imminent speakers coming from all over the world. The program will cover many interesting topics in the field of stroke. Your active participation and sharing experience are much appreciated to enrich and add value to this scientific activity.

PROF. MAGED ABDEL NASEER
President of the Conference  
Prof. Maged Abdel Naseer

President of the stroke chapter of the Egyptian Society of Neurology Psychiatry and Neurosurgery  
Prof. Hany Aref

President of MENA Stroke Organization  
Prof. Suhail Abdullah El-Rukn (UAE)

CONFERENCE SECRETARIES

Prof. Ahmed Abdelalim  
Prof. Ahmed Elbassiouny  
Prof. Husam Salah

ESNPN BOARD

President  
Prof. Maged Abdel Naseer

Vice President  
Prof. Abou Zeid Khoudir  
Prof. Abdel Raouf Omar

Secretary General  
Prof. Hany Amin Aref

Assist. Secretaries  
Prof. Sameh Saeed  
Prof. Ali Soliman  
Prof. Hatem Samir

Treasurer  
Prof. El Sayed Tag El Din
Post stroke spasticity (PSS)

Moderators: Nevin El-Nahhas (EGYPT), Hatem Shehata (EGYPT)

Hatem Shehata (EGYPT)
Upper limb assessment using best available tools

Nevin El-Nahhas (EGYPT)
Gait assessment

Video session for injections:

Hatem Shehata (EGYPT)
Upper limb

Nevin El-Nahhas (EGYPT)
Lower Limb
11th November 2020

Interventional Neurology

Workshops

Moderator: Ahmed Elbassiouny (EGYPT)
Director: Vincent Costalat (FRANCE)

10:00 – 10:30
Ahmed Elbassiouny
Introduction

10:30 – 11:15
Vincent Costalat
Endovascular Stroke Therapy: Rationale and History - The key of success

11:15 – 12:15
Vincent Costalat
Cervical Lesion and Intracranial occlusion management - Understanding Subtypes of tandem occlusion, and applying a dedicated strategy to each situation

12:15 – 12:45
Lunch break

12:45 – 01:30
Vincent Costalat
Posterior Circulation Stroke management from V4 to P3 depending on the level of occlusion, indication and selection of the best strategy

01:30 – 03:00
Gascou
Tips and Tricks In silico Demonstration of all the tricks you may need to solve tricky situation from access to distal treatment.

03:00 – 03:30
Vincent Costalat / Rapido
Anesthesiology in Stroke

03:30 – 04:00
Vincent Costalat
When to STOP trying - Rescue Stenting
6th November 2020

**Workshops**

**Stroke Simulation Body interact**

Moderator: Ahmed Abdelalim / Husam Mourad (EGYPT)
Tutors: Hany Aref, Ahmed Abdelalim, Husam Mourad, Sandra Ahmed, Tamer Roushdy (EGYPT)

10:00am - 12:00pm

---

**Stroke Nursing**

Moderator: Abeer Eissawi (EGYPT)

**Hanaa Elfeky (EGYPT)**
Nursing Management for Acute Stroke patients

40 min

**Abdelhameed Mahros (EGYPT)**
Guidelines for assessment of acute stroke patients

40 min

**Mohamed Sharkawy (EGYPT)**
Fever, Hyperglycemia & Dysphagia Management in acute stroke patients: Evidence based Practices

40 min

---

**Opening Ceremony**

Prof. Hany Aref  Secretary General of ESNPN
Prof. Maged Abdel Naseer  President of ESNPN
Prof. Suhail Abdullah El-Rukn  President of MENASO

04:00 - 4:30pm
Seven

**Plenary session**

04:30 - 6:00 pm

Valeria Caso (Italy)
Update on European Stroke Action Plan 2018-30
20 min

Didier Leys (France)
Stroke mimics and stroke chameleons and their influence on patients’ outcome
20 min

Thorsten Steiner (Germany)
Guidelines on management of Acute Intracerebral Hemorrhage
20 min

Raul Nogueira (USA)
New techniques in endovascular treatment of acute ischemic stroke
20 min

Discussion
10 min

**MENA Stroke Exchange and Covid-19 experience**

06:00 - 07:00 pm

Egypt: Hany Aref
KSA: Saeed Al-Ghamdi
Tunisia: Riadh Gouider
UAE: Maria Khan
Neurointervention I:
Debates on endovascular treatment in ischemic stroke

Ameer Hassan (USA)
Endovascular treatment of intracranial atherosclerotic disease
20 min

Diogo Haussen (USA)
Endovascular treatment of distal arteries occlusion in acute ischemic stroke
20 min

Ali Al-Araj (USA)
Venous stenting in benign increased intracranial tension
20 min

Joint AHA/ASA and MENASO Session

Mitch Elkind (USA) and Suhail Abdullah El-Rukn (UAE)
Highlight the cooperation between the two societies
25 min

Pooja Khatri (USA)
Update on stroke clinical trials 2019-2020
20 min

Peter Panagos (USA)
Acute stroke code
20 min

Eva Mistry (USA)
Acute stroke management beyond 4:30 hours
20 min
Workshops
Brainomix: ASPECTS Score training
Moderator: Ahmed Abdelalim (Egypt)

Neurointervention II.
Augustin Ozanne (FRANCE)
Endovascular treatment in pediatric aneurysms
15 min
Jildaz Caroff (FRANCE)
Endovascular treatment of subdural hemorrhage
15 min

Medtronic Symposium
Paolo Machi (Switzerland)
Stent Retriever versus STAT technique
Heart and Brain

Hany Aref (Egypt)
Embolic strokes of undetermined source

Husam Mourad (Egypt)
Heart and stroke “the every second connection “

Feras Al-Mehdawi (Bahrain)
Safety of thrombolysis in patients taking NOACS

05:00 - 06:00 pm

Stroke service optimization I.

Georgios Tsivgoulis (Greece)
Intravenous thrombolysis for acute ischemic stroke: recent advances and current updates

Robert Mikulik (Czech)
Acute stroke care, stroke logistics and quality improvement

Christian Foerch (Germany)
Acute stroke therapy beyond 4.5 h time window

06:00 - 07:00 pm
13th November 2020

**Stroke service optimization II.**

07:00 - 08:00 pm

Ahmed Abdelalim (Egypt)
Challenges in stroke Care during Covid 19 Pandemic
Implication for Developing Countries 20 min

Mohamed Al-Johani (KSA)
Telestroke In real practice 20 min

Abeer Eissawi (EGYPT)
Stroke During pregnancy: Prevention and management 20 min

---

13th November 2020

**Stroke Epidemiology and Outcome Predictors**

08:00 - 09:00 pm

Azza Ghaly (EGYPT)
Sex difference in ischemic stroke: hospital-based study in Tanta University Hospital 15 min

Sandra Ahmed (EGYPT)
Outcome of thrombolytic therapy in Cardiac patients 15 min

Hosam Shoukri (EGYPT)
Factors related to time of stroke onset versus time of hospital arrival: A SITS registry-based study in an Egyptian stroke center 15 min

Ahmed Nasreldein (EGYPT)
Prevalence of asymptomatic cerebral vessels atherosclerosis among diabetic and hypertensive patients in southern Egypt: An Ultrasonographic study 15 min
Online only

14th Saturday November 2020

Neurointervention III.
05:00 - 06:00 pm

Hidenori Oishi (JAPAN)
State of the art in aneurysn treatment (japanese experience) 20 min

Mahmoud Helmy (EGYPT)
Safety and efficacy of ticagrelol as single antiplatelet in treatment of cerebral aneurysm with flow divertors 20 min

Syed Irteza (UAE)
IV tpa versus mechanical thrombectomy in medium / distal vessel occlusions 20 min

14th Saturday November 2020

Challenges in stroke Diagnosis and management
06:00 - 07:00 pm

Tarek Al-Maghrabi (KSA)
Decompressive hemicraniectomy. “When and Why” 15 min

Farah Khalid Aleisa (KSA)
Stroke in Young 15 min

Marwa Orabi (EGYPT)
Stroke service at Suez Canal University and covid 19 pandemic 15 min

Nada Elsaid (EGYPT)
Factors affecting the outcome of delayed intravenous thrombolysis (>4.5 hours) 15 min
JOINT 3rd IESC & 6th MENA STROKE

14th November 2020

**Biomarkers and Stroke**

07:00 - 08:00 pm

- Magdy Aidaros (EGYPT)
  Laboratory prognostic biomarkers in Acute Ischemic Stroke after thrombolytic therapy 15 min

- Mohamed Orabi (EGYPT)
  Copeptin: a potential blood biomarker for acute ischemic stroke 15 min

- Ahmed Esmat (EGYPT)
  Biomarkers in clinical trials 15 min

- Mohamed Maarouf (EGYPT)
  Serum Insulin-Like Growth Factor-1 level in r-TPA treated acute ischemic stroke patients 15 min

14th November 2020

**Sanofi Genzyme Symposium**

08:00 - 08:30 pm

- Mohamed Hamed (Egypt)
  Multiple sclerosis: similarities and differences

*All sessions are in Cairo Local Time*