ESO Department to Department Visit Report

conducted by

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Host Institution: Inselspital Bern, Neurology Department, Bern, Switzerland from 14-24 December 2021

First of all, I am sincerely grateful to the European Stroke Organisation for having accepted my application and for giving me this opportunity, which has been truly fruitful both professionally and personally. Secondly, I am grateful to the Neurology Department and especially to the Stroke Unit of Inselspital for accepting my visit. I am very pleased that I had a chance to work with one of the prominent and professional Professor- Marcel Arnold and his hardworking and responsible team.

The Inselspital in Bern is a highly specialized academic hospital with a huge experience in Acute Stroke Treatment and well-known research reputation.

Within 10 days, I was able to visit the Emergency Department, the Stroke Unit, the Neurosonology Laboratory, where I was able to see angiography and MR perfusion, silent and wake up strokes, large vessel occlusions, whole spectrum of vascular pathologies in stroke patients, such as arterial dissections, AV malformations, ICA origin or intracranial stenoses, and Halo sign in vasculitis, many cases of endovascular treatment. I saw patients with vascular genetic risk factors, I participated in their discussion and the choice of treatment tactics.

I am grateful to the Stroke Team of Inselspital, Bern, for sharing with me their knowledge on vascular neurology, hoping to take advantage of it to serve my country the best as possible! I will try to create and invest the same in my clinic and share my new knowledge with my colleagues and staff.

I am grateful to all organizers of ESO, for their huge support and the opportunity which they give to young neurologists from different countries, allowing them to be involved in advanced medical clinics and research projects.

Sincerely

Lusine Martirosyan, MD