



Saint Gregory the Illuminator Medical Center, Yerevan, Armenia

Department of general and vascular neurology

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## European Stroke Organization (ESO) Department-to-Department Visiting Programme Report

Thanks to the Department-to-Department Program of the European Stroke Organization, I had the opportunity to spend 3 extremely interesting and fulfilling weeks at one of Europe's leading comprehensive stroke centers at Lille University Hospital Center. The Stroke Center under the direction of Professor Cordonnier is one of the unique multimodal and experienced medical and educational units that serve as an example for the creation of formats for the diagnosis, treatment, prevention, implementation of ongoing clinical research of stroke. Being a stroke center serving a population of around 4 million, was the best opportunity for knowledge acquisition and clinical experience that I was able to take full advantage of. The clinical and administrative work model implemented at the Lille Stroke Center will also serve as a model for the comprehensive stroke center being developed at my workplace.

I am grateful to Professor Cordonnier and his team, as I was also given the opportunity to learn the administrative, logistical and technical aspects of managing a stroke center, which are no less important to further improve stroke care.

My activities during visit.

- 1) Mastering the methods of diagnosis, clinical management and treatment of patients with acute stroke including indication of iv thrombolysis and endovascular treatment.
- 2) Learning about In-hospital care of patients with ischemic and hemorrhagic strokes.
- 3) Learning about the etiological work-up and plan for secondary prevention.
- 4) Observation of in hospital organization of stroke care from the emergency department to the discharge.
- 5) Discussing translational research programs with multidisciplinary research team.

I cannot fail to mention also the opportunity to enjoy the northeast of France in the best time of the year. The local cultural heritage added interest in its own way to my visit.

I am grateful for the acquired experience, knowledge, new acquaintances and cooperation opportunities.

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