

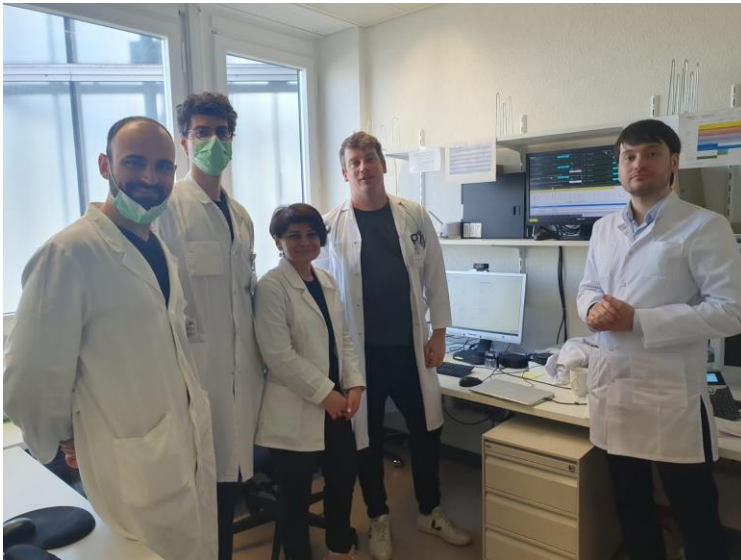
## ESO Department to Department Visit Programme Report

*Host Institution: Inselspital Bern, Switzerland*

*Visit Dates: 20-26 February 2023*

I had an amazing opportunity to participate in the ESO Department to Department Visit Programme. I am genuinely grateful to the ESO, Prof. Marcel Arnold, and Inselspital's amazing stroke team for this opportunity to broaden my skill set.

This visit was quite short, but fruitful. Inselspital stroke team consists of highly skilled professionals. All the hyperacute stroke pathways are set up in a very robust and effective manner. From admission to discharge, all stroke patients are cared by motivated and enthusiastic medical professionals.



Every day I participated in rounds, discussed all the clinical cases. For one thing, patient management is highly effective. All the patients' medical needs are met with precision and scrupulousness. On the other hand, despite the complexity and difficulty of work, every single professional is not overwhelmed by duties. This highly diverse workload is shared fairly and effectively among doctors, nurses, and other specialists.

"Code stroke" patients are receiving all the required diagnostic procedures in a timely manner. Stroke reperfusion therapies are

readily available for every suitable patient. Endovascular treatment is performed routinely in a huge percentage of cases. The decision-making process is swift and effective.

I was also involved with neurosonography in both in- and outpatients. Traditionally, in Russia, ultrasound examination is performed by a separately employed specialist. The experience was great and knowledge-enriching.

Despite the brevity of the visit, participation in this program has helped me with the further development of my skills. One of my areas of interest is stroke care implementation in a diverse variety of settings. My new knowledge will be beneficial for the further development of stroke care in my country.

Sincerely,

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Moscow, Russia*