



EUROPEAN STROKE
ORGANISATION

Committee Report 2025

ESO Guideline Board

Report of the ESO Committees - Summary

Guideline Board

- **Georgios Tsivgoulis, Greece (Chair)**
- **Diana Aguiar de Sousa, Portugal (Co-Chair)**
- Anna Ramos-Pachon, Spain
- Annaelle Zietz, Switzerland
- Aristeidis Katsanos, Canada
- Ashkan Shoamanesh, Canada
- John McCabe, Ireland
- Lina Palaiodimou, Greece
- Linxin Li, UK
- Marek Sykora, Austria
- Nicolas Martinez-Majander, Finland
- Peter Schellinger, Germany
- Sven Poli, Germany

Guideline Workshop Committee (GWC)

- Annaelle Zietz, Switzerland
- Lina Palaiodimou, Greece
- Nicolas Martinez-Majander, Finland

Guideline Publication Committee (GPC)

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Report of the ESO Guideline Board (1/5)

- ESO Guideline Development Webinar in July and November 2025.
- Guideline session at ESCO 2025 in May 2025.
- Annual ESO update on Stroke Evidence developed by the GL Board members and submitted to the ESJ.
- Agreement on new topics for future guidelines and white papers.
- Collaboration with other scientific societies for the development of joint guidelines.
- Expansion of inclusivity of ESO guidelines: Open calls to ESO members for each new MWG (Module Working Group).
- A new senior Methodologist has been elected in Spring 2025.
- ESO Methodologists are offered training opportunities to improve their skills.

Report of the ESO Guideline Board (2/5)

Guidelines published in 2025:

- ESO-EANS on stroke due to spontaneous intracerebral haemorrhage (ICH)
- Aphasia rehabilitation
- Visual impairment
- Motor rehabilitation

Guidelines accepted for publication in 2025:

- Update on BP management

Report of the ESO Guideline Board (3/5)

- Guidelines in development:
 - SAH Update
 - Post-stroke pneumonia
 - Cognitive rehabilitation
 - Primary stroke prevention
 - Pre-hospital management
 - Update on Reperfusion Therapy
 - Update on Carotid Artery Stenosis
 - Update on Post-stroke seizures & epilepsy
 - Update on antithrombotic treatment for secondary prevention
 - Post-stroke spasticity
 - Exp rec on Lipid management in secondary stroke prevention
- White Papers in development:
 - AIS in the Young
 - PRES RCVS
 - The «5D» Guide to Telestroke
 - CAA (Cerebral Amyloid Angiopathy)
 - Neuropsychiatric complications after stroke
- New guideline topics:
 - CV(S)T Update

Report of the ESO Guideline Board (4/5)

Guideline Board Meetings 2026:

- 13 March 2026
- 7 May 2026, onsite at ESOC 2026
- 10 July 2026
- 18 September 2026
- 11 December 2026

Report of the ESO Guideline Board (5/5)

Meetings of Guideline Board Chairs with Guideline Board manager 2026:

- 3-4 meetings/month