



EUROPEAN STROKE
ORGANISATION

Committee Report 2025

ESO Brain and Heart Council

22nd January 2026

Report of the ESO Committees - Summary

Brain and Heart Council

- **Alan Cameron, UK (Chair)**
- Arnand Dixit, UK
- Ashkan Shoamanesh, Canada
- Dimitrios Nikas, Greece (ESC representative)
- Jan Scheitz, Germany
- John McCabe, Ireland
- Jorge Pagola, Spain
- Maria Mirabela Manea, Romania
- Mira Katan, Switzerland
- Zuzana Gdovinova, Slovakia

New Committee Members

- Alan Cameron (UK, Chair)
- **Arnand Dixit (UK)**
- Ashkan Shoamanesh (Canada)
- Dimitrios Nikas (Germany, ESC)
- Jan Scheitz (Germany)
- **John McCabe (Ireland)**
- Jorge Pagola (Spain)
- **Maria Mirabela Manea (Romania)**
- Mira Katan (Switzerland)
- Zuzana Gdovinova (Slovakia)

Departing Members

- *Arne Lindgren (Sweden)*
- *Peter Vanacker (Belgium)*
- *Barbara Ratajczak-Tretel (Norway)*
- *Michele Romoli (Italy)*

Key Activities from the Past Year

- Joint sessions at ESOC and ESC annual meetings.
- Maintained relationships with ESC Council on Stroke and WSO Brain & Heart Task Force.
- Educational projects and position papers.

Key Aims and Strategic Priorities

- Education and mentorship
- Collaborations

Education and Mentorship

- Contribute to the successful delivery of ESOC 2026
 - Teaching course and session proposals
 - *Heart and brain: severe cardiac pathology and stroke (teaching course)*
 - *Brain and heart interaction: new insights and clinical implications (session)*
- Promote and integrate with eSTEP
 - Alan will meet with Barbara Casolla soon to discuss
- Contribute to ESO Summer Schools
 - Alan will reach out to Diana Aguiar de Sousa to explore opportunities

Collaborations

- Continue to build collaborations with ESC and WSO
 - Committee members attended the ESC Heart and Stroke Meeting in November 2025. The ESC are very keen to build further links with ESO
 - We will submit a proposal for a joint session at the ESC Congress 2026
- Collaborations across ESO Committees are in development, including eSTEP and the Artificial Intelligence Committee
- BIOSTROKE position paper is now published in Lancet Neurology
- Cardiac work-up after stroke position paper manuscript is in development and the key findings will be presented during a session at ESOC 2026