

ESO Department-to-Department Visit Programme

Host Institution: Neurology Department of the University Hospital Inselspital in Bern

First, I would like to thank European Stroke Organization for unique programme dedicated to young neurologists from all over the world to deepen their knowledge in stroke treatment.

I had most interesting 5 days in the University Hospital Inselspital in Bern and meet most friendly team of doctors, nurses and rehabilitation specialists.

During my visit, I had opportunity to watch and participate in the physician's routine work in the emergency department, stroke unit, neurovascular sonography lab, neuroimaging department and rehabilitation center.

It was a great learning experience to see how well the stroke treatment of patients was organized, all the patient pathway from emergency unit to rehabilitation.

I was most impressed how fast stroke patients were transferred to neuroimaging department to get MRI. During scanning physicians already had all laboratory tests on their laptops. In addition, without delay, while patient inside scanner physicians could discuss the findings with radiologists and make a decision on further treatment.

It was a great pleasure to watch the teamwork of the nurses, physiotherapist, ergotherapists and speech therapists in the stroke unit as they provided not only professional care but also compassionate care. For me it was a discovery that nurses administer thrombolysis and nurses can discuss treatment schemes of the prescribed medicine to the patients, as in Kazakhstan nurses only follow the instructions given to them by physician and it is absolutely forbidden to do thrombolysis by nurse.

I attended ward rounds in Stroke Unit and had an opportunity to participate in patient's discussion by stroke team.

I learned a lot, gathered needed information, and will try to implement some of these aspects in my stroke department.

I would especially like to thank Prof. Urs Fischer for invitation and organizing teaching meeting with residents in English language so that I could understand presentation. Also, Prof. Claudio L. Bassetti who was so nice to have a time to meet me in his office and talk about stroke system in Kazakhstan.

Further, I would like to list all specialists who answered, explained, showed and gave information in each department.

Emergency department: Andrea Seiler, Morin Beyeler, Theresa Tscheu, Malamati Papadimitriou, Ann-Catherine Lepine.

Stroke unit: David Schreier, Ulrike Prange, Prof. Marcel Arnold, Judit Gili-Kovacs, Thomas Horvath.

Sonography: Mirjam Heldner, Giovanna Padlina, Ulrike Schneider, Nadine Fahrni.

Rehabilitation unit: Sandra Huser and Vera Fosbrooke.

For all them Herzlichen Danke!

