

ESO Department-to-Department Visit Program-a brief report
Host Institution: INSELSPITAL, BERN, SWITZERLAND
28th October-1st November

First of all, I am sincerely grateful to the European Stroke Organisation for having accepted my application and for giving me this opportunity, which has been truly fruitful both professionally and personally. Secondly, I am grateful to the Neurology Department and especially to the Stroke Unit of Inselspital for accepting my visit.

The Inselspital in Bern is a highly specialized academic hospital with a huge experience in Acute Stroke Treatment and well-known research reputation.

During my stay I had the opportunity to be in the Emergency Department where Prof Jung and the rest of the team made me feel like a member of their Department. They attend all neurological emergencies including stroke patients. In each case, a broad differential diagnosis is made with a holistic view always kept into account. I had the opportunity to participate in the discussion of stroke cases presented.

Additionally, I was involved in the daily work of the Stroke Unit where Prof Arnold and Dr. Prangue kindly explained and discussed with me the cases in English and took my opinion into consideration. They study each case with care trying to find the best diagnostic and treatment with regard to the most adequate secondary prevention treatment.

Moreover, the team of Neurorintervention Department, led by Prof. J. Gralla and Prof. P. Mordasini, expounded to me the endovascular technique of each case with extremely dedication. Even though, I was already aware of their high reputation I was amazed when I saw the team working on each endovascular procedure.

My visit could not have been complete without going through the Neurosonology Department. There, highly qualified Neurologists perform a complete study and discuss each case focusing on the optimal management for each patient.

Finally, Inselspital as an Academic Institution is involved in multiple research projects and I had the opportunity to learn about some research projects.

To sum up, Taking all into consideration, my stay at Inselspital in Bern has been an enriching experience for my career as a Stroke Neurologist. As it has given me the chance to share my experiences with other colleagues and to learn new approaches from them.



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