

## ESO Young Stroke Physicians Committee – Annual Report 2017

*Else Charlotte Sandset, Chair*

### **Current committee members**

Else Charlotte Sandset (Chair), Norway  
Millija Mijajlovic, Serbia  
Diana Aguiar de Sousa, Portugal  
Jonathan Couthino, the Netherlands  
Nicolas Martinez-Majander, Finland  
Antje Schmidt, Germany  
Peter Vanacker, Belgium  
Mira Katan, Switzerland  
Linxin Li, UK  
Xabier Urra, Spain

### **Meetings**

One face-to-face meeting (ESOC 2017 Prague),  
Several teleconferences  
Multiple e-mail and personal contacts

### **Activities**

#### **1. Career mentoring workshop at ESOC 2017 in Prague**

Providing young stroke physicians and scientists (<40 years old) the opportunity to present studies in development, gain guidance from senior experts in the field, and to develop networks for possible multicentre studies and collaboration.

Mentors: Professor Angel Chamorro (Spain)  
Professor Tudor Jovin (USA)

Four young stroke physicians or scientists were selected to present their projects. One candidate withdrew their abstract and one did not show up. This left plenty of time for discussion. Constructive feedback from mentors led to discussion and good contact between mentors and speakers. We aim for a similar session at ESOC 2018, and the author of the best abstract/presentation will be offered a place at the ESO summer school in 2018. We will arrange a TC with presenters prior to the meeting to clarify any uncertainties. All presenters will be featured on the ESO blog following the conference.

#### **2. Department to department visiting programme**

The ESO YSP has been promoting the department to department visiting programme using social media such as Twitter and also via the ESO newsletter. The programme received 27 applications and received excellent feedback from the 4 selected candidates.

#### **3. ESO Blog**

The ESO blog platform is active and we have had weekly scientific blog post on educational topics, scientific topics and research methodology. We had a successful call for blog contributors, and will continue to give this opportunity to young colleagues.

We have established collaboration with the European Stroke Journal, and have commented on several papers published in the journal. There are reciprocal links on the ESJ website and ESO blog. In 2018 we aim to publish comments on papers and author interviews simultaneously as papers.

#### **4. *INTERsect paper***

3 committee members authored a paper on “Why is it worthwhile to get involved in stroke organisations?”. The paper was published in the INTERsect section in Stroke (Stroke. 2017;48:e277-e279).

#### **5. *YSPR in Angels Initiative:***

Peter Vanacker represents the YSPR committee in the The Angels initiative, the joint collaboration ESO and Boehringer-Ingelheim, is currently building a global community of European Stroke centers, in order to optimize the quality of stroke treatment in all existing stroke centers. Almost 2500 centers are actively participating. The main goal of YSPR’s contribution is to emphasize the role of young neurologists in these improvement programs.

#### **6. *Stroke Research Emerging Leaders programme***

The YSPR committee has been actively involved in the planning of the 2018 Edinburgh Winter School, which included 22 participants from 12 countries (for full report: <https://eso-stroke.org/eso/edinburgh-stroke-winter-school/>). We are also involved in the proposal of a Stroke Emerging Leaders programme aimed at mid-career, potential future leaders for stroke research in Europe. ESO has provided funding for the programme in 2019.

#### **7. *YSPR website***

The YSPR part of the ESO website was updated substantially in 2017. (<http://www.eso-stroke.org/eso-stroke/esoactivities/eso-young-stroke-physicians-committee.html>)