

## **ESO DEPARTMENT TO DEPARTMENT VISIT PROGRAMME FINAL REPORT**

First of all, I would like to express my sincere gratitude to the ESO, which provided me with this Grant for Stroke unit visit and to Professor Heinrich Audebert for his acceptance my application. This programme gave me an opportunity to visit one of the best European hospitals – Charité Universitätsmedizin Berlin, Klinik für Neurologie, Campus Benjamin Franklin.

It is a great pleasure for me to share you my impression about my visit at the Charité Universitätsmedizin Berlin.

During my Dep to Dep visit programme I was attached to the team of the **Stroke Unit**, where we observed patients with stroke. I observed more than 5 patients a day. Every day we had a Morning Meeting, where all neurological patients were discussed. Professor Audebert was taking me to every morning round. Very detailed and very interestingly, he told me information about various causes of stroke, it's diagnostic, differential diagnostic planning, surgery, medical treatment etc. In this hospital, I have greatly developed and deepened my knowledge in stroke.

I was given an opportunity to visit other units of the department – Emergency care, Radiology and Rehabilitation. I've seen patients with various types of stroke.

Besides, I was shown new technologies of stroke treatment while in our hospital, we have not such experience. That gave me an important chance to develop and improve my professional knowledge of the patients with acute stroke.

The environment in Stroke unit and other departments was great. The working conditions allowed the specialists to do their best for the patients in low stress atmosphere. The equipment was modern and that gave the possibility for perfect diagnostic and surgical procedures.

The process of clinical evaluation and discussing the cases with Professor Audebert helped me to get an understanding of the basic clinical approaches, differential diagnosis and the treatment modalities. His expert opinion and guidance helped me to learn many diagnostic and differential diagnostic pearls.

I'd like to thank to the staff of the Charité Universitätsmedizin Berlin, especially Dr. A. Rocco for their support, hospitality and care. With the colleagues I worked on daily basis, they accepted me very well and made my staying at their department very pleasant.

I hope I've got the newest treatment technology and experience from my German colleagues and will share my impressions and new experience with my Azerbaijanian colleagues. I found that we (doctors in my country) and doctors in Germany have the same consideration method of approaching to the diagnostics and treatment planning.

I'll keep on a communication with German colleagues. They suggested their help, gave contacts if I will have some questions after returning to Azerbaijan. I'm planning to continue studying, improve my knowledge in the future and will be glad if ESO supports me in the future.

Besides all of the educational aspects, this program gave me many new friends and impressions. I had an opportunity to get in touch with German culture by visiting various museums and exhibitions. Had an amazing excursion in Berlin.

Consider this experience to be extremely valuable and useful for my future, I've got new knowledge, I've met nice people and I've seen beautiful places.

At the end of my visit I had a conversation with Medical Director of the Klinik und Hochschulambulanz für Neurologie, Campus Benjamin Franklin, Prof. Heinrich Audebert to express him my respect for his good relationship to me. He was a very good, attentive mentor for me. Me and my colleagues from Azerbaijan would be very happy, if we can organize his visit as a lecture to Azerbaijan, Baku.

At the end, I'd like to thank ESO for organizing such projects. It is truly a fortunate opportunity to upgrade clinical knowledge and skills, to find new networking opportunities in neurology and to meet the culture of other countries.

Dr. Rahim Aliyev

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