

Report

ESO Department-to-Department Visiting Program 2016

Thanks to the ESO Department-to-Department Visiting Program, I have spent few weeks in October 2016 at the Department of Clinical Neurosciences of University of Cambridge (UK). I had a unique opportunity to observe the work of Stroke research group led by world expert in the field of Stroke Neurology - prof. Hugh Markus. His group does research on different aspects of cerebrovascular disease (including cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy) using cutting edge molecular genetic and neuroimaging techniques.

I took part in different research meetings, journal clubs, grand rounds, which were happening in the Department while I stayed in Cambridge. This allowed me to learn more on the “hot” topics not only in Stroke but also in Clinical Neurology in general.

I was lucky that Annual National University of Singapore/University of Cambridge Symposium “OLD BRAINS 2016: pathways to neurodegeneration not forgetting the vessels” took place while I was in the UK. Whole day well-known experts and junior researchers presented their talks on cerebrovascular and neurodegenerative diseases and possible relationship between them. Taking part in this Symposium was very useful and inspiring for me.

It was also very important for me to see organization of clinical service in Addenbrooke’s Hospital. I attended ward rounds in Acute Stroke Unit, Stroke team and neuroradiology meetings, outpatient clinics. I was also lucky to see with prof. H. Markus many patients with CADASIL as he runs national referral service for these patients.

Overall, I learned great deal about small vessel disease and plan to launch few projects devoted to this problem in the nearest future. I also plan to introduce new approaches in the Stroke Service in the Republican Clinical Hospital in Ufa (Russia), where I work.

I am grateful to prof. Hugh Markus and his group for having me in the Department. It was valuable experience! I would also like to thank European Stroke Organization for the support, which made possible my visit to the University of Cambridge!

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